FACTS

Women Moving Forward®

- "Women Moving Forward®" was first presented in June, 1979, as the first course developed by Susan Van Vleet Consultants, Inc.®
- The purpose of the course is to free women from their sense of powerlessness so they can get on with fully participating in their lives.
- "Women Moving Forward®" is a three-day interactive workshop designed to allow each participant to:
 - articulate both a personal and professional goal,
 - learn to support other women in reaching their goals,
 - identify the formal and informal corporate structures in her company and where she fits within those structures.
 - identify and remove the blockages to success, including cultural blockages.
 - identify her own conflict style and learn how to keep it from stopping her, and
 - improve communication skills.
- The structure of the workshop allows for role playing, lectures, exercises and small group interaction.
- Clients have included, among others:

McDonald's Corporation Procter & Gamble Hewlett Packard Johnson & Johnson Mary Kay Cosmetics Blue Cross / Blue Shield Steelcase, Inc. SC Johnson, Inc. PepsiCO Coca-Cola CO.

IMPACT

Women Moving Forward®

Your workshops are consistently on the cutting edge of management problem solving.....

Nehama Jacobs
Director, Corporate Finance Services
Price Waterhouse
Author, Success & Betrayal

..It was truly life changing for me. I describe it as a major life event. I have already completed three of the action steps from my plan and am totally committed to completing the plan. I have no doubt I will complete it. The workshop provided a forum that helped me get to this point through a combination of challenging my thoughts and beliefs and through an incredibly supportive environment.

Laurie Tietze Engineer & Manager Procter & Gamble

I worked hard and learned more about what we face in our future than I have at countless other workshops. It is...difficult to find workshops focused on real women's issues that give you the tools and suggestions to make the necessary changes.

Stephanie Y. Donald VP of HR and Diversity Schnitzer & Steel

It was the best investment I have ever made in myself.

Kathryn Mowris Aiken, V.P. Talent Acquisition Microsoft

The results of this course have been unbelievable to me...after a rather quiet 13-year career which had stagnated in the last twelve months, your course provided me with the information to jump by leaps and bounds,

Christal Fisher Vice-President Quality Assurance Mary Kay Cosmetics

"Women Moving Forward" (is) unique in several respects. The model it provides for working through the processes of personal exploration and acknowledgement of blocks to growth is one-of-a-kind....

Andrea C. Zintz, Ph.D. Vice-President, Human Resources Ortho Biotech

Working closely with Susan was the most rewarding and growthful experience of my tenyear career at Procter & Gamble

> John C. Oswalt Site Restructuring Manager Procter & Gamble

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